



WOULD YOU  
LIKE TO  
SEE YOUR  
TEENAGER...

---

---

Happy to be a  
part of your  
family?

Respond to you  
in a more  
positive manner?

Communicate  
better with you?

Attend school  
regularly?

Say "NO" to  
alcohol and  
drugs?

Choose friends  
you approve of?



**The Parent Project®**

is sponsored by



**The Rio Vista Alcohol, Tobacco, and  
Other Drugs (ATOD) City Team  
Collaborative — dedicated to keep-  
ing our city's youth happy, healthy  
and drug-free.**



City of Rio Vista

Recreation and Community Services  
"Creating Community Through People,  
Parks and Programs"



The  
Parent  
Project®

**Effective parent education  
classes for parents of teens**



DETAILS

Thursdays, Sept. 29 - Dec 1, 2005

6:30pm to 9:30pm

Rio Vista Fire House  
Community Room  
350 Main Street  
Rio Vista, CA 94571

*Includes light dinner each week*





By committing just 27 hours of your time, you can help your child become a responsible, successful adult.

This class offers tried and true parenting techniques designed by and for parents just like you!

This ten-week series is taught in a supportive environment by caring facilitators who are trained to work with teenagers and their families.

**R  
e  
g  
i  
s  
t  
r  
a  
t  
i  
o  
n** **I  
n  
f  
o  
r  
m  
a  
t  
i  
o  
n**

To register, please call 707-374-6451 or mail in the attached form to One Main Street Attn: Parent Project Rio Vista, Ca 94571

There is no registration fee to attend this class; however, the cost of *The Parent Guide to Changing Destructive Adolescent Behavior* workbook is \$25.

On successful completion of the course, the workbook charge will be refunded. All other parent resource materials are provided at no cost.

Classes forming now!  
For more information or to register please fill out the form below and mail or drop off at City Hall:  
One Main Street  
Attn: Parent Project  
Rio Vista. Ca 94571

I would like to...

- Register for the next Parent Project Session
- Get more information on the Program
- Learn how I can help support this program

If you are unable to make the day and time of our upcoming program, is there a schedule that would work better for you in the future?

- Monday Evenings
- Tuesday Evenings
- Wednesday Evenings
- Thursday Evenings
- Friday Evenings
- Sat., during day

Comments:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone